

# Family Life Education Sexual & Reproductive Health

## Primary School

Wonder of Living Program (Yrs 1-7)  
Puberty Changes - Boys/Girls (Yrs 6 & 7)

## Secondary School

Fertility Awareness  
Foetal Development  
Sexually Transmitted Infections  
All Methods of Family Planning  
Teenage Pregnancy  
Lifestyle Choices  
What is Love?

## Mother & Daughter / Father & Son

Shared information session

## Disability Physical/Intellectual

Specific programs to meet the needs of a client  
with physical and/or intellectual disabilities

## Sympto-Thermal Method

**For identifying fertility patterns,**

**Achieving / Avoiding Pregnancy**

Short / Normal / Long / Irregular Cycles

Post Hormonal / Sub-fertility

Breastfeeding

Peri-Menopause

Natural Fertility Services



NFS

Diocese of Cairns

Sponsored and Supported by:  
Commonwealth Department of  
Health & Aged Care, Catholic  
Education Services and the  
Diocese of Cairns.



## **Natural Fertility Services**

P.O. Box 625

130 Lake Street

Cairns Qld 4870

Telephone: (07) 4046 5629

Fax: (07) 4046 5650

Mobile: 0417 009 643

Email: [nfs@cairns.catholic.org.au](mailto:nfs@cairns.catholic.org.au)

## **Family Life Education**

Scientifically accurate

Current information on all aspects of fertility & sexuality

Values based, personalised education

## **Sympto-Thermal Method**

98% effective

Healthy Choice

Drug and Device free

For singles & couples