

The Science of Learning Well... Together

Student Tip#1

Studying and learning with your friends can be more fun than doing it on your own. Plus, being accountable to your friends can be a really good motivator! The strategy on this Tip Sheet is used a lot by university research students and has been shown to be effective in helping students to get their work done!

Hush Up and Work!



STEP 1: On Your Own...

Develop a remote learning and study plan with your friends or classmates.

Find a regular time when you can all meet online.

Before the group session starts, write a plan of what you want to focus on and note down your personal learning goals for the session.



STEP 2: With Your Group...



Share goals for the session.



Set a goal together for how long you will work uninterrupted. Synchronise your timers and start the session.



Work individually without distraction.



Times up! Check each others goals - did you achieve what you set out to? Why/ why not?

Step 3: On Your Own...

What did you achieve?

What are your goals for the next session?